

Are you the *hero* or the *victim* of your life story?



John-Manuel Andriote
SPEAKER | AUTHOR | JOURNALIST

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John-Manuel Andriote draws from his personal story, leading-edge research, and nearly 100 original interviews showcased in his book *Stonewall Strong* to show how to frame *your* story as one of *courage* and *resilience*—rather than weakness and defeat.

“Stonewall Strong will inform and inspire readers of all sexual orientations and genders.”— GREGORY M. HEREK, professor of psychology emeritus, University of California, Davis

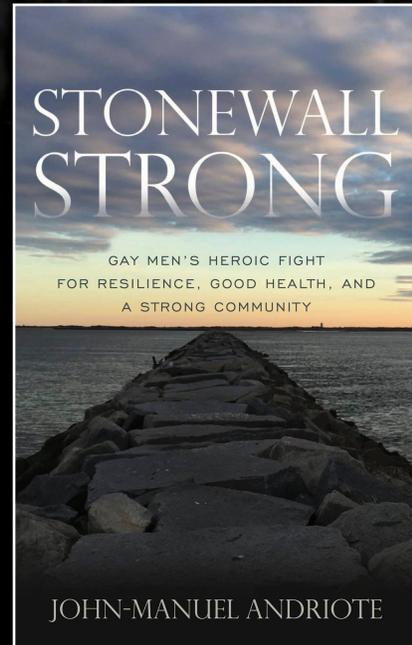
“Truth-telling at its best!” — REV. ELDER TROY PERRY, founder, Metropolitan Community Churches

“A tour de force, interweaving John-Manuel Andriote’s personal journey with a trenchant analysis of social transformation.” — KENNETH MAYER, M.D., infectious disease attending and director of HIV prevention research, Beth Israel Deaconess Medical Center; professor of medicine, Harvard Medical School; medical research director, The Fenway Institute

“I can’t recommend the book highly enough.”
— BILL NEMITZ, columnist, *Portland (Maine) Press-Herald*

Psychology Today blogger and longtime Washington, D.C. health reporter John-Manuel Andriote didn’t expect to mark the twenty-fifth year of the HIV-AIDS epidemic in 2006 by coming out in the *Washington Post* and on NPR about his own recent HIV diagnosis. Over time, Andriote came to understand that his choice, each and every day, to take the powerful medication he needs to stay healthy, to stay alive, came from his own resilience. When and how had he become resilient? He searched his journals for answers in his own life story. The reporter then set out to learn more about resilience. *Stonewall Strong* (Rowman & Littlefield, 2017) is the result.

Andriote draws from his own story, nearly one hundred original interviews with noted and not as well known men and women, and leading-edge research, to make it abundantly clear: Most gay men are astonishingly resilient and offer much to teach anyone willing to learn what it means to frame your personal story as a heroic tale of surviving and thriving in spite of adversity, and why community is so important to good health.



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Psychology Today

LEARN HOW TO . . .

- Be the *hero* of your life story, *not* the victim.
- Define aging and ‘old’ on *your* terms, not someone else’s.
- Claim your resilience, *consciously!*

JOHN-MANUEL ANDRIOTE

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AUTHOR

Stonewall Strong: Gay Men's Heroic Fight for Resilience, Good Health, and a Strong Community (Rowman & Littlefield). *"A tour de force"* (Kenneth Mayer, M.D., Harvard Medical School and the Fenway Institute)

Victory Deferred: How AIDS Changed Gay Life in America (University of Chicago Press), *"The most important AIDS chronicle since Randy Shilts' And the Band Played On"* (Kirkus Reviews).

Wilhelmina Goes Wandering (Indie-published). *"The book is extraordinary,"* (Mary Ellen Minichiello, Calf Pen Meadow School library director, president of the New England Association of School Librarians).

JOURNALIST, BLOGGER

Blogger for *Psychology Today*. Longtime health reporter and opinion writer for the *Huffington Post*, *The Atlantic*, *The Washington Post*, and many others.

"You are an incredibly powerful speaker, and your strength and courage inspire me."

KAITLIN TYROL

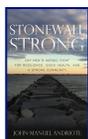
Student, University of Connecticut
Host, "What's Happening" radio show

SELECTED APPEARANCES

Guest lecturer: University of Connecticut; Connecticut College; George Washington University; Howard University; West Chester University; SAGE-New York City; Fenway Health, Boston; Howard Brown Health, Chicago.

Keynotes: National Association of People with AIDS 20th anniversary conference (Denver); AIDS Nutrition Services Alliance annual meeting (Seattle).

Panelist: Gay & Lesbian Journalists Association annual meeting (Miami Beach); Tennessee Williams Literary Festival (New Orleans); Lambda Literary Festival (Philadelphia, Provincetown, Mass.); Library of Congress.



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his talks)

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